

## How are you going to take care of you?

Call it intuition, your Soul, or the Great Spirit. Whatever you call it, you possess a Wisdom that is waiting for an invitation to speak up and reveal your truth.

This *Wise* voice within will communicate the solutions to even the messiest of situations.

We access, or invite, our Wisdom to show up when we open the door with an open, honest question.

My goal is to listen with an open heart and support you as you work on questions in your life.





The Heart to Heart Spiritual Care six months package includes:

- Discrete, confidential self-care via bi-weekly 45–90-minute zoom calls
- ► A signed copy of Amazon best seller *Heart to Heart: Spiritual* Care Through Deep Listening
- ► A copy of Heart to Heart: Companion Workbook for Nurses -Special Pandemic Edition
- Pocket card with sample questions

To ensure
the highest level of
care, there are only ten
individual spots available for this
session. Please reserve your spot by emailing:
ylpdrclare@gmail.com